

SEND SUPPORT / 08.06.20

Dear all,

I hope you and your families are still well in these difficult times. We send our best wishes and say a big 'hello' to all the children who are at home- we are missing them very much! We are all busy this week trying to phone and speak to all the children and we look forward to them sharing all their news with us ☺

This week we celebrate Carers Week, which is an annual campaign to raise awareness of caring. We share links to support Young Carers and remind you that we have an Operational Lead at Cranwell, who can support you with any further information linked to this service. Please get in touch with Nicky Olsen, if you need any further support.

Also, we wanted to further update you of some good websites that further external agencies have shared with us regarding supporting children with additional needs. If you would like to discuss supporting your child with 'home learning' further, please contact us and we will be happy to help in any way we can.

Many Thanks,

The SEND/ Pastoral Team

#### SEND SUPPORT

Further information, websites, tips and resources to help you support your children with their additional needs, learning, self-esteem and well-being

Further Gov / SEND Updates	<p>May 26<sup>th</sup> 2020 <a href="https://www.gov.uk/government/publications/coronavirus-covid-19-send-risk-assessment-guidance/coronavirus-covid-19-send-risk-assessment-guidance">https://www.gov.uk/government/publications/coronavirus-covid-19-send-risk-assessment-guidance/coronavirus-covid-19-send-risk-assessment-guidance</a></p> <p>Letter from Vicky Ford MP /Parliamentary Under-Secretary of State for Children and Families <a href="https://www.dcfp.org.uk/open-letter-to-parents-and-carers-of-children-with-send-from-vicky-ford-mp-parliamentary-under-secretary-of-state-for-children-and-families/">https://www.dcfp.org.uk/open-letter-to-parents-and-carers-of-children-with-send-from-vicky-ford-mp-parliamentary-under-secretary-of-state-for-children-and-families/</a></p> <p>Further update on the Family fund <a href="https://www.gov.uk/government/news/37-million-to-support-children-with-complex-needs">https://www.gov.uk/government/news/37-million-to-support-children-with-complex-needs</a></p>
Support for Young Carers	<p>As this week is Carers Week, we share the following information with you;</p> <p>This service supports Carers up to the age of 25. It also explains the Lincolnshire Carers Service and how to apply for a Young Carers card <a href="https://www.lincolnshire.gov.uk/support-carers/young-carer-support">https://www.lincolnshire.gov.uk/support-carers/young-carer-support</a></p> <p>If you would like to learn more about services and support for Young Carers(YCs) in Lincolnshire, who have just started their own facebook</p>

page, please contact Nicky Olsen. As a school we also have information on how to access further programmes in the local area that are useful too, covering issues such as; keeping healthy and strategies to deal with changes due to lockdown. Some sessions are now being covered by Zoom. Also, each Monday in NKS Young Carer Leads offer a 'ask anything' Zoom session for any YCs wishing to 'check-in' and ask specific questions about anything.

Also a YCs newsletter can be accessed and is sent via e-mail each month along with 'bite-size' flyers with useful links and advice.

To gain further advice on this support please get in touch with Nicky Olsen/ 01400 659001 or ring Lincolnshire Young Carers: 01522 553275 Email: [youngcarers@lincolnshie.gov.uk](mailto:youngcarers@lincolnshie.gov.uk)

Further information can also be accessed from;

The Carers Trust – they are a major charity for, with and about Carers <https://carers.org>

Carers week- raises our voices together and helps make caring visible <https://www.carersweek.org>

An overview of the Carers assessment for Parents and Carers of Disabled Children living in England <https://cerebra.org.uk/download/factsheet-carers-assessments-in-england/>

Spurgeons offers a wide range of services to support young carers from educational support to activities and trips away <https://www.spurgeons.org/our-services/young-carers/>

Carers first Lincolnshire provide a wide range of services to carers across the County <https://www.carersfirst.org.uk/lincolnshire>

Supporting Carers further <https://www.carersuk.org/help-and-advice/health/looking-after-your-health/coronavirus-covid-19>

Possible resources to support <https://www.twinkl.co.uk/resource/t-c-255155-young-carers-support-activity-pack>

Possible resources to support <https://www.twinkl.co.uk/resource/young-carers-day-activity-pack-t2-p-478>

Further Support for pupils with additional needs / useful websites

To find out further information regarding Autism

<https://www.autism.org.uk/>

To gain further information around diagnosis of Autism

<https://www.autism.org.uk/about/diagnosis.aspx>

Further support for families

<http://www.ambitiousaboutautism.org.uk/>

Resources to support social communication

<https://www.twinkl.co.uk/search?term=social+story>

Home Learning through sport <https://plprimarystars.com/>

If you need to talk about the Coronavirus to your child, there is a good social story to be found on : [www.THEAUTISMEDUCATOR.IE](http://www.THEAUTISMEDUCATOR.IE) by Amanda Guinness (found under the heading/ Autism then resources) another good website is :<https://www.elsa-support.co.uk/wp-content/uploads/2020/03/Story-about-Coronavirus.pdf>

If your child needs support with emotional resilience, the 5 point scale may be used to support children with managing their emotions. <https://www.5pointscale.com/>

This website has a range of resources and support systems for children with ADHD

<https://www.adhdfoundation.org.uk/information/parents/>

Guidelines-recognising, diagnosing and managing Attention Deficit Hyperactivity Disorder in children and young adults

<https://www.nice.org.uk/guidance/NG87>

To support maths difficulties and Dyscalculia

<https://www.bdadyslexia.org.uk/dyslexia/neurodiversity-and-co-occurring-differences/dyscalculia-and-maths-difficulties>

General information to support Dyslexia

<https://www.understood.org/en/learning-thinking-differences/child-learning-disabilities/dyslexia/what-is-dyslexia#item3>

Dyspraxia foundation <https://dyspraxiafoundation.org.uk/>

<p>Social, Emotional and Mental Health Support</p>	<p><b>Healthy Mind support</b></p> <p>If you have concerns about a child or young person’s emotional wellbeing please contact Healthy Minds on the ‘Here4You’ line which is operational Here4You line on 01522 309120  <a href="https://www.lpft.nhs.uk/young-people/lincoln/healthy-minds-lincolnshire">https://www.lpft.nhs.uk/young-people/lincoln/healthy-minds-lincolnshire</a></p> <p>Lincolnshire has further bolstered its commitment to mental health with the launch of a new confidential mental health and emotional wellbeing helpline. By calling 0800 001 4331 you can speak to a member of a highly trained and experienced team of support workers who will be able to provide appropriate support- please see the above website</p> <p>The Emotional Wellbeing and Mental Health Pathway is designed to help families of children and young people who need support in Lincolnshire  <a href="http://search3.openobjects.com/kb5/lincs/fsd/family.page?familychannel=2_9_9">http://search3.openobjects.com/kb5/lincs/fsd/family.page?familychannel=2_9_9</a></p>
	<p><b>Further useful websites/ please also look back upon previous SEND support from recent weeks;</b></p> <p>Information for parents of how to support children though COVID19  <a href="https://www.who.int/docs/default-source/coronaviruse/helping-children-cope-with-stress-print.pdf?sfvrsn=f3a063ff_2">https://www.who.int/docs/default-source/coronaviruse/helping-children-cope-with-stress-print.pdf?sfvrsn=f3a063ff_2</a></p> <p>Further ELSA support  <a href="https://www.elsa-support.co.uk/wellbeing-diary/">https://www.elsa-support.co.uk/wellbeing-diary/</a>  <a href="https://www.elsa-support.co.uk/wellbeing-calendar-for-june/">https://www.elsa-support.co.uk/wellbeing-calendar-for-june/</a></p> <p>Self-Calming support  <a href="https://www.childline.org.uk/toolbox/calm-zone/">https://www.childline.org.uk/toolbox/calm-zone/</a></p> <p>Short audio sessions  <a href="https://www.smilingmind.com.au/">https://www.smilingmind.com.au/</a></p> <p>Creating opportunities to talk about the news with older children  <a href="https://www.bbc.co.uk/newsround/51204456">https://www.bbc.co.uk/newsround/51204456</a></p> <p>Young Minds - Talking to your child about Coronavirus and 10 tips from their parents helpline to support family wellbeing:  <a href="https://youngminds.org.uk/blog/talking-to-your-child-about-coronavirus/">https://youngminds.org.uk/blog/talking-to-your-child-about-coronavirus/</a></p>