



PSHE CYCLE B

	AUTUMN		SPRING		SUMMER	
YEAR 1&2	RELATIONSHIPS BIG QUESTION: What makes a good friend?	RELATIONSHIPS BIG QUESTION: What is bullying?	LIVING IN THE WIDER WORLD BIG QUESTION: What jobs do people do?	HEALTH AND WELLBEING BIG QUESTION: What helps us to stay safe?	HEALTH AND WELLBEING BIG QUESTION: What helps us grow and stay healthy?	HEALTH AND WELLBEING BIG QUESTION: How do we recognise our feelings?
	HEALTH AND WELLBEING BIG QUESTION: What strengths, skills and interests do we have?	RELATIONSHIPS BIG QUESTION: How do we treat each other with respect?	HEALTH AND WELLBEING BIG QUESTION: How can we manage our feelings?	HEALTH AND WELLBEING BIG QUESTION: How will we grow and change?	LIVING IN THE WIDER WORLD BIG QUESTION: How can our choices make a difference to others and the environment?	HEALTH AND WELLBEING BIG QUESTION: How can we manage risk in different places?
YEAR 5&6	HEALTH AND WELLBEING BIG QUESTION: How can we keep healthy as we grow?		LIVING IN THE WIDER WORLD BIG QUESTION: How can the media influence people?		RELATIONSHIPS BIG QUESTION: What will change as we become more independent? How do friendships change as we grow?	