



Cranwell Primary School Newsletter Page 1

Planting Ceremony - Meeting Prince Edward

On Thursday 21st September the children attended a tree planting ceremony at RAF Cranwell and got the chance to meet the Duke of Edinburgh, Prince Edward.

All of the children really enjoyed the afternoon, and a large number of the children were asked questions by the Duke.

The School Captains, James Fearn and Jessica Blunden met the Prince on behalf of the school, and presented a bouquet of flowers for the Prince's wife, Sophie, the Duchess of Edinburgh. Both James and Jessica said they were very nervous before the event, but felt extremely privileged to be asked to represent the school. Well done James and Jessica.

All of the children from the School behaved impeccably. Well done to all.



Parents' Evenings

Parents' Evenings are going ahead the week beginning 16th October 2023. By now, you should have received a booking letter via your child's bookbag. Please ensure this is sent in to school by Friday 6th October 2023. You will then receive a confirmation of your time slot.

The School Governors will be in school while Parents' Evenings take place, providing refreshments and answering any questions you may have.

A Bookfair will be available while Parents' Evenings are taking place from Monday to Wednesday. The books will be displayed in the school hall for children to purchase books with you.

Lost property will also be available for parents to look through.

Harvest

Thank you to the parents who kindly donated goods for the Sleaford Community Larder last week. St Andrew's church have sent a lovely letter thanking everyone.

Uniform

We have been very impressed with the children looking so smart over the first few weeks. Please can we all keep promoting to the children to take pride in what they wear. After the October half-term break, we will be moving to the 'winter uniform'. Summer polo shirts should not be worn after this point (with the exception of the Foundation Stage).

Please remember that long hair should be tied up, and jewellery, make-up and nail polish are not allowed. We would be grateful if parents could support the school with these rules.

Remember—Name Everything!

Be aware that when you have a class of 30 children, the majority of white shirts are the same size and often from the same providers. Ties are identical! Shoes also look very similar. Trying to distinguish whose items are whose is very difficult without them being named!

Thank you for your help

Our School uniform policy can be found at

<https://www.cranwell.lincs.sch.uk/SchoolUniform.asp>

Timings of the School Day

School drop off is between 8:40am and 8:50am.

School starts at 8:50am.

Drop your child at the silver gates, and allow them to walk around to the green gate.

School finishes at 3:20pm for all children.

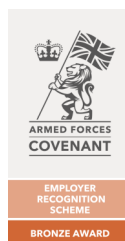
Please note, this is when lessons end. Children will be out a few minutes after this point. Additionally, sometimes unforeseen things happen in class which result in the children coming out a few minutes later. Thank you for your understanding.

Please try not to stand immediately in front of the silver gates at the front of school. This will allow children to easily exit the school and locate their parents.

If you wish to speak with your class teacher, please make an appointment either by emailing or telephoning the school office, or see the member of staff at the gates at the end of the day.

Ordering Hot Meals

Please remember that infant classes are provided with Universal Infant Free School Meals. Please remember to order and outline any allergies. Children in Key Stage 2 currently can order hot meal lunches through Ideal School Meals, our food provider, or parents may wish to send in a packed lunch instead. Children in Foundation Stage and Key Stage One also receive a piece of fruit each day through a Government initiative.





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Healthy Snacks at Playtime

Just a gentle reminder that your child needs a healthy snack for break time and a water bottle to take into their class. Whilst some of the cereal bars do offer health benefits, they also contain a high level of sugar which is detrimental to your child's teeth, leading to tooth decay. Fresh fruit, vegetables, raisins or cheese for their morning snack are the best choices and we would ask children to save their other snacks for lunchtime. If your child has access to fresh water throughout the day, then they are able to remain hydrated and concentration levels are improved, aiding good progression.

Allergies

We currently have children in school who have severe allergies. Please can I ask parents to ensure that packed lunches or snacks do not include nuts/peanut butter/chocolate spread etc. Many thanks for your support in this matter.

Mobile Phones and Watches

We do not support children bringing mobile phones into school, however we do realise that some older children need them for safety reasons if they are walking home alone. If this is the case, phones must be left with the class teacher during the school day.

The school is not responsible for damage or loss of phones.

We do not allow watches into school which take photographs or have communication capabilities. Please understand this is for Safeguarding purposes.

Medical Info & Absences

If your child has a medical appointment, if possible, can you please send a note into the class teacher giving prior notice.

Please notify the school office of all absences either by email or phone, stating reasons.

Internet Safety

Help your child become a smarter, safer and happier explorer of the online world.

Google have a 'Be Internet Legends Parent's Page' — a helpful handbook full of tips and tricks for supporting your child's digital education.

There are lots of simple ways to reinforce the important online safety lessons your child has been learning in school, through Google's Be Internet Legends programme. Created in partnership with Parent Zone, the programme is empowering families to make the most of the internet by helping them become confident digital citizens.

See more at : https://beinternetlegends.withgoogle.com/en_uk/parents/

Contact Details

Please ensure that the school office is notified of any change in your contact details.

Parentmail

Please remember to check your emails daily as school news and information will be sent via ParentMail. If you have not signed up or updated your email address, please do so via the school office: enquiries@cranwell.lincs.sch.uk

Term-time Absence

Due to Government legislation, head teachers **may not grant any leave** of absence during term time unless there are **exceptional** circumstances.

Forms to apply for term-time absence are available from the school office. If you have any queries concerning this issue, please speak to the office staff who will be pleased to help.

Wanted

Do you have any unwanted items from the following list? We would be very grateful for any of them:

1. Boxes of tissues
2. Unwanted Lego
3. Children's toys / games

Cold Weather / Wet Weather

Please can you ensure all children are sent in to school with coats and fleeces/jumpers now the weather is turning colder and wetter. Classes often work outside, supporting the Government's targets to promote outdoor learning. Therefore, along with playtimes, your child may be spending additional time outside.

Safety Breakfast for **LIVES.**

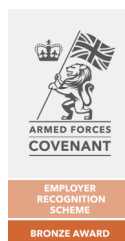
Come and join us at our next Big Breakfast on Friday 20th October 2023 in the school hall to mark the start of our Safety Day. The doors open at 8:15am and we look forward to enjoying breakfast together at the usual cost of £1 per person.

There will be toast, cereal and juice available. All the family are welcome. Entry is via the front of School.

All profits will go towards the Lincolnshire L.I.V.E.S.

Please also...bring extra loose change to help us cover our 'LIVES' Heartbeat!

We would like all of the children to come to school dressed as light and as bright as they can for the day – to reinforce the message about being seen and being safe when they are near traffic.





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Reading Superheroes

Calling all parents, carers and grandparents...would you like to become a Reading Superhero at our school?



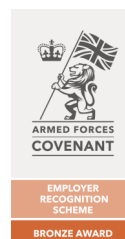
Reading underpins the whole curriculum and therefore it is really important that children learn to master this skill and become fluent and independent readers.

If you have any spare time and would be willing to volunteer to listen to readers on a regular basis, please get in touch with the ladies in the school office or ask for Mrs Birchenall or Miss Clark our English Coordinators.

Once we have a list of Reading Volunteers, we will be running a very short training session to ensure consistency and to give you confidence in how to improve a child's reading fluency. If you would like to come along to hear how you can improve your own child's fluency at home, you are more than welcome to join us too.

Be a Reading Superhero and help us build a school of readers!

Mrs Birchenall and Miss Clark



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Odd Socks Day

Anti-Bullying Week is from Monday 13th –17th November.

Odd Socks Day on Monday 13th November marks the start of our Anti-Bullying Week.



There is no pressure to buy new socks. All you have to do to take part is wear odd socks together with the normal school uniform.

There will be no charge for the day. Odd Socks Day provides an opportunity in your school to have fun, be yourself, and spread awareness of the core values Anti-Bullying Week promotes.

Children in Need – SPOTACULAR!

This year to raise money for BBC Children in Need, we are asking children on Friday 17th November 2022, to come in Non-uniform with a focus on Spots!!

We are asking for a £1 donation to take part.

Children will need to still bring PE kits to change into if this is their normal PE day.

Please make sure the items of clothing are sensible enough and practical enough for them to continue a normal day of learning.

Thank you for your continued support.

Social Media use outside of school

We are aware that some older children use social media outside of school during evenings and weekends, and appreciate that sometimes this can be useful, but sometimes, if used inappropriately it can be upsetting or dangerous.

Pupils, who may use social media may be persistently unkind about other pupils and/or discuss inappropriate content over platforms such as Snapchat and WhatsApp.

This may lead to upset and polarisation of some pupils within school and is not in line with our ethos or values.

The current age requirement for WhatsApp is 16+ although it had previously been 13. If you do allow your child to access social media, you as the parent, take the responsibility for supervising their activity online. Children do not have a right to privacy if you have allowed them to install an app, which is above their age restriction.

We therefore ask for your vigilance. Just like their interactions in person, online interactions require supervision and support.

What is right will vary from family to family but some strategies that are known to be successful include:

- *Monitoring their phones for the apps that are downloaded*
- *Enacting parental controls on phones and consoles*
- *Reviewing the messages they send on platforms and apps – making monitoring part of a daily or weekly routine*
- *Setting expectations about what space (preferably communal) and times they have access to devices*
- *Encouraging them to share or discuss with you what they are doing.*

Whilst we appreciate the benefits (and prevalence) of these forms of communication, some of our pupils struggle when any problems or conflict arise as a result of what is being shared.

We are asking for your partnership in dealing with this, as this is happening outside of school.

As a school we are responding to this with additional teaching during Computing, Citizenship and Wellbeing lessons and in 1:1 conversations and teaching opportunities as they arise. We will also offer more guidance at:

<https://www.cranwell.lincs.sch.uk/stayingSafe.asp>

and

<https://www.parliamentfederation.co.uk/MainFolder/Documents/KPS/Parents/Apps-Info/What-is-Whatsapp.pdf>

and helpful tips are found in our newsletters at:

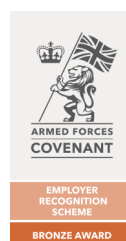
<https://www.cranwell.lincs.sch.uk/newsletters.asp>

Thank you for your co-operation and continued support.

Please note, mobile phones and smart watches (with camera or messaging facilities) are not allowed in school.



BBC
Children in Need





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Road Safety

A reminder to please take care driving in and around the school area. Please remember there is a 5mph speed limit on the drive. Parking in and around school is often congested at drop off and collection times, as are most schools around England. I ask all parents that you always consider where you park when dropping off and collecting your children. Yes, you may think you are parked sensibly and your car is not in the way or 'not harming anyone' where it is, but can children cross safely where you have parked? Will your car make it difficult for other cars to get past? Please spare a thought for all the local residents living around the school perimeter, especially in Cherry Tree Crescent, Baghdad Road, Delhi Square and the Costcutter car park.

Please can we show full consideration and ensure we do not park on, or obstruct any driveways or paths. School are aware of Lincolnshire Police's visits to these areas and are warning parents they are issuing tickets where appropriate. Many thanks for helping to respect our neighbours.

Children to get out of cars on the Left

We would like to invite you to an RSE information coffee morning at 9am on Friday 13th October to discuss our provision of PSHE and RSE (Relationship and Sex Education). This will give you, as parents, the opportunity to gain clarification on the statutory requirements and look at how we implement these as a school. We will discuss how this learning gives your child the tools and knowledge to stay safe and healthy as they grow, as well as an opportunity ask any questions you might have.

We will bring along different resources and books that we use to teach our PSHE/RSE curriculum and evidence of last year's learning for you to look through.

You can find our current PSHE curriculum on our website at <https://www.cranwell.lincs.sch.uk/curriculum.asp> along with all other subject areas. Please take the time to read through what your child will be covering this year (Cycle B) and how this knowledge will progress as they move up through the school. Please note some elements of 'Human Biology' are taught in the Science Curriculum.

We look forward to welcoming you.

Children to get out of cars on the Left

The one-way system in the morning is continuing to work really well with parents dropping their children off. Please make sure your child leaves their car via the passenger side of the car to avoid any accidents.

Travelling to and from School

We openly encourage children to either walk or ride their cycles to school, but they must do so safely.

Top Tips for Riding to School

- Ride with your children.
- Do not let your child ride to school if they are not riding with you, or not attending Bikewise Training, or not safe to do so alone.
- Wear a properly-fitted helmet. It is the best way to prevent head injuries and death.
- Ride on the pavement when you can.
- Use hand signals and follow the rules of the road.
- Wear bright colours and use lights, especially when riding at night and in the morning.

Please see below some useful websites to help you teach your child the rules about cycling:

<https://bikeability.org.uk/cycle-more/family-cycling/essential-cycling-skills-for-families/>

<https://www.raleigh.co.uk/gb/en/cycling-advice/riding-guide-cycling-to-school-safely/>

Please can we all help keep everyone safe by ensuring children dismount their scooters and bicycles as they enter the school grounds. Many thanks.

Reading Force — Service Families

Please find an online resource which is designed for keeping Forces families close and connected through sharing stories. There is support for forces and ex-forces families with free fun shared reading resources and activities.

See : <https://www.readingforce.org.uk/> for more details.

Term Dates

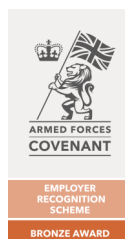


Academic Year 2023-24

Term 1 ends — Fri 20th October 2023
 Term 2 : Tues 31st Oct — Wed 20th Dec 2023
 Term 3 : Wed 3rd Jan — Fri 9th Feb 2024
 Term 4 : Mon 19th Feb — Thurs 28th March 2024
 Term 5 : Tue 16th April—Fri 24th May 2024
 Term 6 : Mon 3rd June—Fri 19th July 2024

Academic Year 2024-25

Term 1 : Wed 4th Sept — Fri 18th October 2024
 Term 2 : Tues 29th Oct — Thurs 19th Dec 2024
 Term 3 : Mon 6th Jan — Fri 14th Feb 2025
 Term 4 : Mon 24th Feb — Fri 4th April 2025
 Term 5 : Tue 22nd April — Fri 23rd May 2025
 Term 6 : Tue 3rd June — Tue 22nd July 2025





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Cranwell Primary School

Is your child starting school in September 2024?

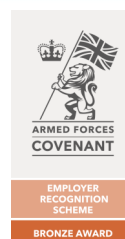
Open days are now available to show you around our outstanding school.

To book a visit,
please email enquiries@cranwell.lincs.sch.uk
or call 01400 659001



Wednesday 18th October 2023 13:30
Wednesday 8th November 2023 15:45
Tuesday 14th November 2023 09:30

The Headteacher, staff and school governors will be available to answer any of your questions.





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Your guide to health services in Lincolnshire



Self Care

Treat aches, pains, coughs, and colds at home. Stock up your medicine cabinet with over the counter remedies.



Pharmacy

Visit your local pharmacy for advice on minor injuries, allergies, constipation, headaches, cold and flu symptoms, and earache.



Your GP Practice

Contact your GP practice about symptoms that aren't going away. They can offer you an appointment or signpost you to other services.



NHS 111

If you have an urgent health need but are not sure what to do, think NHS 111. Call 111 or visit 111.nhs.uk. Available 24/7.



WaitLess

Download the WaitLess app to view live waiting times, queue numbers and travel-time information for our urgent care facilities.



Urgent Treatment Centre

Seek help for sprains, fractures, minor burns, and skin infections. Simply walk in or book an appointment via NHS 111.



Dental Treatment

For urgent dental care please contact your normal dental practice, or for advice out of hours call NHS 111.

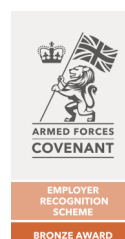


Mental Health Crisis

If you are worried about your mental health, call 0800 001 4331 (adults) or 0800 234 6342 (children and young people). Available 24/7.

In a medical emergency call 999. This is when someone is seriously ill or injured and their life is at risk.

For more information visit www.nhs.uk



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Your Guide to Health Services While Away From Home



BE PREPARED

Treat aches and pains, coughs and colds at home.
Stock up your medicine cabinet including pain killers, antihistamines, anti-diarrhoea and indigestion medicine.
Order repeat prescriptions in plenty of time.
Keep all medication, plasters, bandages and thermometers away from children.



PHARMACY

Pharmacies offer health advice and treatment for allergies, constipation, cold and flu symptoms, earache, fever, thrush and healthy lifestyles.
A visit to the pharmacy could save you a trip to the GP.
If you forget your medication while away from home call your usual registered GP surgery during opening hours and they can arrange for a prescription to be sent electronically to a pharmacy local to where you are staying.



VISIT NHS 111 ONLINE OR CALL NHS 111

Need health advice?
Unsure which health service you need?
Visit NHS 111 online or call NHS 111 – both are available 24 hours, seven days a week. Calls are free from mobiles and landlines.
Typetalk number is 18001.



MINOR ILLNESS OR INJURIES

For treatment of burns, cuts, wounds or infections contact NHS 111 for the nearest Urgent Treatment Centre where an appointment can be made for you if necessary or they can provide you with advice and guidance by phone or video consultation.



GP

If you take ill while away from home contact your registered practice in the first instance where you can be offered a telephone or video consultation.
If your practice or NHS 111 say it is necessary to be seen at a GP Practice you can register for up to 14 days while away from home or work.
Your temporary GP will pass any details of treatment you have to your own GP.
If you are staying for a longer period of time you should still ring your usual registered practice in the first instance and receive telephone or video consultation as a first step.



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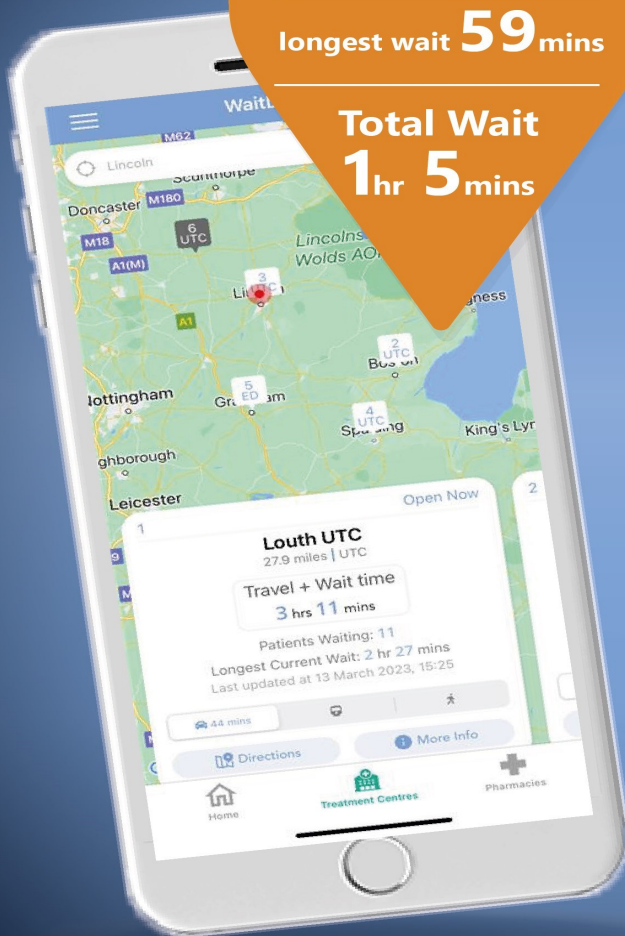
WAITLESS



**Avoid long wait times
when you need
urgent care**

16 mins travel
11 patients waiting
longest wait **59** mins

**Total Wait
1 hr 5 mins**

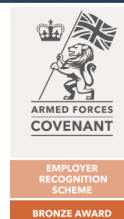


WaitLess

The WaitLess app combines travel, waiting and treatment times at all urgent care facilities across Lincolnshire, empowering patients to make informed decisions on the most appropriate setting to receive care.

The app also displays a full list of services available at each site, as well as parking and opening time information.

Don't wait.
Download **WaitLess** now.



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Help us help

SHERMAN

Smoker Hoarder Elderly or lives alone Reduced mobility, hearing or visual impairments Mental health issues Alcohol misuse, drugs/medication dependence Needs care or support



People who show these characteristics could, potentially, be more at risk of a fire; so it's very important to get them the help they need.

Lincolnshire Fire and Rescue's **Safe and Well Checks** include fire safety, as well as advice to help individuals improve their health and wellbeing.



Lincolnshire
COUNTY COUNCIL
Working for a better future

So if you know a
SHERMAN
CONTACT US ON 01476 565441
OR VISIT [LINCOLNSHIRE.GOV.UK/LFR](https://www.lincolnshire.gov.uk/lfr)

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NSPCC



Talk to the NSPCC

For advice and support about a child,
or to report a concern, talk to us.
It's free and you don't have to say who you are.

0808 800 5000

help@nspcc.org.uk nspcc.org.uk/helpline

EVERY CHILDHOOD IS WORTH FIGHTING FOR

© 2019 NSPCC. Photography by Tom Hall. The child pictured is a model. Registered charity, England and Wales 210401, and Scotland SC632711. J2Q191119.

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WORRIED?
YOU CAN TALK TO US



Call Childline on 0800 1111
or visit childline.org.uk/kids

Whatever your worry,
you can talk to us. It's free,
you don't have to tell us
your name, and you can
chat about anything.

childline

ONLINE, ON THE PHONE, ANYTIME

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